

## CASE STUDY

# Optimizing Patient Outcomes Through Clinical Nutrition

TouchPoint Support Services is transforming hospital care through its Clinical Nutrition program, tackling the hidden epidemic of malnutrition among hospitalized patients. With innovative tools, expert dietitians, and data-driven strategies, TouchPoint empowers healthcare systems to improve patient outcomes, reduce costs, and enhance regulatory compliance.



## Malnutrition in Hospitalized Patients

Up to 50% of hospitalized patients are malnourished upon admission — a silent crisis that increases the risk of falls, infections, and pressure injuries. Malnutrition prolongs hospital stays, drives up costs, and compromises recovery. Hospitals need a proactive, evidence-based approach to identify and treat nutritional risk early. TouchPoint's Clinical Nutrition Program delivers just that, combining expert Registered Dietitian Nutritionists (RDNs) with cutting-edge tools to address nutrition risk head-on.



**30% fewer  
avoidable  
readmissions**

**25% reduction  
in pressure  
injuries**

**56% fewer  
avoidable  
readmissions**

**\$50M+  
in annual  
reimbursements**



## Innovation Drives Results

With a proven track record across diverse healthcare systems, TouchPoint delivers exceptional care, cost savings, and regulatory confidence.

### Early Identification & Intervention

TouchPoint's Malnutrition Program combines real-time patient data with a targeted care model to identify malnutrition risk early. This proactive approach reduces length of stay and readmissions. The Clinical Record of Competency tracks care quality using patient charts and personnel files, ensuring consistent, high-quality nutrition care.

- 30% fewer avoidable readmissions
- 56% reduction in complications
- \$50M+ in reimbursements for our partners

### Personalized Nutrition & Discharge Planning

The Medically Tailored Meals Toolkit provides dietary therapy for patients with chronic conditions, those in food deserts, or enrolled in home health programs. Discharge Planning resources support safe transitions of care by addressing social determinants of health and preventing readmissions.

- Improved patient satisfaction
- Enhanced nutrition intake
- Reduced food waste

### Operational Excellence & Staff Optimization

TouchPoint's Dietitian Service Level Menu Development and Productivity Benchmarking Program helps hospitals track, measure, and improve dietitian productivity. With complete transparency into staffing hours and service delivery, hospitals can make data-driven decisions to optimize care.

- Benchmark productivity
- Reduce labor costs
- Improve patient outcomes

TouchPoint's commitment to clinical excellence and professional development ensures that our partners benefit from the most advanced nutrition programs available.

### Ready to Transform Patient Care?

TouchPoint is your partner for clinical nutrition excellence. Whether you're looking to reduce readmissions, improve patient satisfaction, or optimize staffing, our evidence-based programs deliver results.

[www.touchpointsupportservices.com](http://www.touchpointsupportservices.com)

